



The Women
of
Achievement

*Supporting small Scottish charities
to make a big difference*

The Women of Achievement Lunch

TUESDAY 5 March 2024

Our appeal in 2024



Mikeysline
IT'S OK NOT TO BE OK

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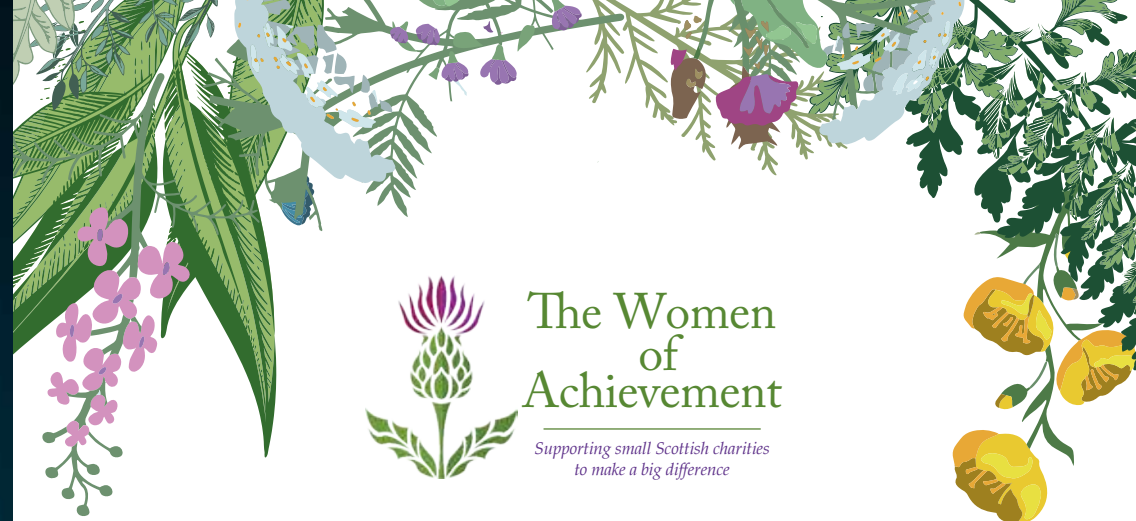
KITH

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The Women of Achievement

Supporting small Scottish charities to make a big difference

The Women of Achievement Lunch 2024

Tuesday 5th March

Guest Speaker:

Trinny Woodall

Venetia Fuller — *Co-Chair*

Emma Weir — *Co-Chair*

Lunch committee 2024

Jessica Cadzow-Collins, Kate Colquhoun, Francine Douglas-Home, Katherine Landale, Claire McCorquodale, Diana Miers, Marina Novis, Sophie Rollo, Emily Turcan, Harriet Williams, Jennie Younger

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Welcome to the 2024 Women of Achievement Lunch

The lunch is held to recognise and celebrate the achievements and contributions made in many fields by women in Great Britain who have Scottish connections and to support Scottish charities.

This is our seventeenth Women of Achievement lunch in London, and as Co-chairs of this year's lunch, we are delighted to welcome you all here today. The lunch was established to celebrate the achievements and contributions made in many fields by women who have Scottish connections and to support small, but vital Scottish charities. Thank you to all of you who have supported the lunch over the years and welcome to those joining us for the first time.

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Last year we made the decision to support the same charity for two years running so that we can track the impact of the funds you kindly raised. So, for the second year, we are supporting Mikeysline, a tiny, but amazing multi-award-winning mental health and suicide prevention charity based in the Scottish Highlands and Moray regions, and we are delighted that Emily Stokes, the Chief Executive Officer of Mikeysline joins us today.

In 2023, we raised an incredible £50,000 which went directly to Mikeysline enabling them to set up Link support posts in Caithness and Skye where there is limited access to mental health and suicide prevention support and where transport issues can prevent individuals from being able to attend the limited support groups available.

Mikeysline will use the funds raised at this year's lunch to continue to support their mission to care for those struggling with mental health issues based in the Scottish Highlands, and we will report back the impact we have made at next year's lunch.

We are much looking forward to also hearing from Trinny Woodall who has agreed to come and share stories of her glamorous hard-working life. Trinny stands as a towering figure in the world of fashion and personal styling, renowned for her ability to transform not just wardrobes but lives and we are looking forward to hearing some tips on how to stay looking eternally youthful!

We would both also like to give an enormous thanks to our sponsor, Hampden & Co the award-winning private bank, for generously supporting this year's lunch, and the Committee who have worked tirelessly and given their time to make this lunch such a success. Thank you all so much for joining us and for giving to this incredible charity.

With all our thanks

Emma and Venetia Co-Chairs 2024

We would like to thank those who generously sent donations to





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Mikeysline is a multi-award-winning mental health and suicide prevention charity based in the Scottish Highlands and expanding into the Moray regions. Mikeysline was formed out of tragedy to offer hope.

Our suicide prevention and mental health awareness is at the core of what we do to break down the stigma associated with seeking support for mental health and emotional distress. That it is ok not to be ok and that no one should suffer in silence. Our focus is on supporting people of all ages and genders from early intervention through to crisis support. As such we support people who are struggling with their emotions and situations from those experiencing isolation and loneliness, self-esteem, anxiety, a range of mental health issues and those who are self-harming and/or at risk of suicide and in crisis.

We provide direct support 365 days a year through our text-based support options, face to face and digital 1:1 support in our Hives, schools and in community settings. We regularly support local businesses, sports groups and other organisations with awareness talks and training.

As well as providing direct support, we place a strong emphasis on raising awareness about mental health and suicide prevention. We aim to break down the barriers that prevent people from reaching out when they most need support, due to the fear of being judged or feeling they should be able to cope alone.

In late 2023 we launched our 'Bee the Change' campaign aimed at encouraging everyone in our local communities, workplaces and schools to change the dialogue around mental health. We want to get the message across that mental health is everyone's business and together, we can all make a difference in our and others' lives. We will continue to really push forward this campaign during 2024.

Mikeysline is a small charity with a big mission in the Highlands and Moray, we have rapidly expanded over the last few years and yet, there is still so much more to do, so many more people we need to reach, especially in the rural areas where there are less support services, less opportunities, less hope and increasing mental health issues and suicide rates.

The contribution of the Women of Achievement Lunch today will make such a significant difference to the meaningful support that we, as an unfunded charity, will be able to provide during 2024, providing a light in the dark, a hope where there is none to believe that it's ok not to be ok and to seek support.

From the bottom of our hearts, thank you all so much for your support.





TESTIMONIALS

Due to the exceptional level of care and support some of our young people are now volunteering with Mikeysline to help make a difference. We have been very lucky to have such a fantastic charity on our doorstep who can offer another layer of support and guidance for our young people. (Teacher, 2023)

I'd like to tell everyone that it's been such an amazing experience speaking with Mikeysline, it's helped me feel far more comfortable with who I am, and I've learned to treat myself well even when things aren't so easy. (Service user, 2023)

Mikeysline were there for me when no one else was. They gave me time and space to talk. (Service user, 2023)

Visiting Mikeysline became part of my routine, particularly at the weekends when I felt most lonely. The welcome was always warm and the staff met me where I was at with kindness, compassion and a safe space to talk about what weighed heavy on my heart and mind. Mikeysline helped me immensely and spending time there was so important in maintaining some sense of wellbeing during a very stressful and painful time in my life. (Service User, 2023)



Mikeysline
IT'S OK NOT TO BE OK

Contact Us



Text: 07786 20 77 55
www.mikeysline.co.uk

WHY OUR WORK IS SO CRUCIAL:



SUICIDE:

- In Scotland, 2 people lose their life each day to suicide.
- Scotland has the highest rate of suicide of the UK nations.
- The Highlands also has more than double the suicide rate of the UK per capita.
- In the UK, suicide is the biggest killer of men under 50 and young people age 16-24.
- Men account for 75% of all completed suicides, though a hidden statistic is that 75% of all suicides attempted are done so by women.
- Suicide rates in young Highland women (15-24) are currently more than double the Scottish average.
- Rates of suicide in the Highlands are higher for all ages than the average for Scotland, particularly age range 25-34.

MENTAL HEALTH SUPPORT AND EARLY INTERVENTION

- 20% of adolescents may experience a mental health problem in any given year
- 50% of mental health problems are established by age 14
- 75% by the age of 24
- Early intervention/support can prevent more significant mental health issues later in life and can save lives.

STIGMA AROUND MENTAL HEALTH AND SUICIDE:

- Stigma is a known barrier to help-seeking
- Research shows that stigma in the Scottish Highlands is higher than in rural areas in other countries.

Mikeysline works on reducing stigma and encouraging open conversations. We support adults and young people 365 days a year through text-based options, 1:1 face to face and online support.




Mikeysline
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Raffle Prizes

Three Wishes Bracelet in Mother of Pearl and 14c Gold

A spellbinding bracelet kindly donated by emerging fine jewellery brand Juraster. Shimmering mother of pearl is cut into three diamond shapes as symbols of strength to promote purpose and drive. The gleaming J hooks symbolise catching and holding fast to your dreams.

A Night at Gravetye Manor

This amazing prize includes one night accommodation in their exclusive deluxe room, a three-course dinner for two people and full English breakfast (worth £745). www.gravetyemanor.co.uk



Hamper from Highland Soap

The Highland Soap Company is a family-run maker of soap and skincare products based in the heart of the Scottish Highlands. This luxury hamper includes their finest bath and body products and a beautiful tweed washbag.

Gorgeous Tablecloth from the Mews

Based in the Borders, The Mews works with small companies who produce unique fabric and homeware that are not mass produced.

£200 gift voucher from The Pink House Mustique

The Pink House boutique is a treasure trove of Mustique must-haves, carefully chosen designer items including Pink House Mustique and Lotty B



Lussa Gin

3 bottles of award winning gin distilled by Claire, Alicia and Georgina on the Isle of Jura.

Sports Mentoring and Coaching session with Emma Fisher

Emma provides advice, support, encouragement and inspiration to young athletes, and is the link between coach, athlete and parent.



Zoom Executive Coaching Session with Odyssey Mentor Business Coaching

Amanda Pelham Green delivers outstanding coaching for individuals and businesses from CEOs to undergraduates.

Please do give generously
as all proceeds will go directly to Mikeysline



The Women of Achievement

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Women of Achievement Lunch

5th March 2024

Supported by:



Hampten & Co.

BANKERS

- 11:30 Arrival Drinks
- 12:35 Chairman's Welcome
- 12:40 Trinny
British beauty entrepreneur, fashion and
makeover expert, television presenter and author
- 13:00 Lunch
- 13:50 Emily Stokes
Chief Executive Officer of Mikeysline
- 14:00 Raffle
- 14:20 Farewell Thanks



The Women of Achievement Lunch Committee 2024



Jessica Cadzow-Collins

Jessica is from the Glasgow printing and publishing family, Collins. Scots born and educated, she studied gemmology in London, qualifying as a Fellow of the Gemmological Association, of which she served as Chair in 2015. She worked in luxury jewellery for 30 years in senior roles at Harrods, Asprey, Garrard and Chaumet, before establishing her own ethical jewellery company. She currently serves as a Trustee of ScotsCare, the charity helping London Scots and their families, and is a Liveryman of the Clockmakers' Company and a Freeman of the Goldsmiths' Company, which all exist to protect and do good by others. Joining the WoA committee is a great honour for her and the opportunity to do more directly for those home in Scotland.



Lady Colquhoun of Luss

Kate has spent her life educating children. Firstly, with Broomwood Hall School in 1984, followed by Northcote Lodge in 1993 and finally with Northwood Senior, in September 2020, ending her career as Chairman of the Board of Northwood Schools, overseeing the education of over 760 pupils in Southwest London. Since retiring from Northwood Schools in 2022, she has devoted her time to the Northwood African Education Foundation charity, of which she is a founding trustee. St George's School in Gondar, which was set up by the charity, currently educates 600 orphans in Ethiopia and she oversees the educational needs of the children there, with a particular emphasis on educating the girls and keeping them in education. She and her husband Malcolm have three children and three grandchildren and divide their time between Luss, in Scotland, and London. Her hobbies include walking, reading and flying.



Francine Douglas-Home

After Edinburgh University, Francine worked in the City for ten years before having children. Since then she has been working part-time in various capacities, most recently as COO of a small hedge-fund and she is currently working in a family office. She is married to Tara and they have two teenage children. She is the Chair of the Governors of a primary school in London close to where they live.



Lady Fuller, Co-Chair 2024

Venetia grew up in Scotland and now lives in Wiltshire with her husband James. Together they run their home Neston Park which has an organic dairy herd with the milk going to Ivy House, The Old Cheese Room and their own ice cream "Luscious". Neston is also used for filming including Larkrise to Candleford, Poldark, Agatha Raisin, Persuasion, Four Seasons and The Other Wife to name a few.



Katharine Landale

Katharine is delighted to be part of the Women of Achievement Lunch Committee, joining an incredible group of ladies who have raised significant amounts of money for Scottish charities. Katharine founded Bold New World Recruitment and Reskilling to help experienced people back to the workforce who may have taken a career break. BNW recruits for both full time and part time roles, including paid and charitable sectors. Additionally BNW offers in depth training courses to upskill small business owners, or anyone wishing to improve on their existing workplace knowledge. Before this Katharine's career was in Investor Relations with Citigroup and BNP Paribas in London and she has been involved with various charities including currently Tetbury Hospital and previously with Macmillan Cancer Support, Facing the World, MS Society, Home Farm Trust and The Cot Death Society. Katharine moved with her family from London to near Tetbury, Gloucestershire in 2005.



Claire McCorquodale

Claire grew up in Cornwall, trained bilingually and then worked in London. She worked at Christie's and then trained as a Montessori teacher where she discovered her lifelong passion for education. She is married to James and they farm in The Borders. They have two teenage children. Claire fundraised for her children's local schools including last years centenary ball for Belhaven Hill school. She has fundraised for CLIC Borders and is now a volunteer for Food Train, a charity that distributes food to the elderly and those sheltering. Claire has recently become a Draper.



Diana Miers

Diana Miers was born and brought up in Scotland. She worked in the luxury retail sector in Leeds and London before returning to Scotland to establish her own luxury focused marketing consultancy. She then spent 3 years in Brussels, where she worked as Retail Marketing Manager for the Bicester Village Group while there. She now runs her own Scottish focused cultural tour company with her husband, based near where they live in the Scottish Borders. She has two teenage boys. For 5 years she was a trustee of a local Children's Charity, acting as Chair during the Pandemic year of 21- 22.



Marina Novis

Marina grew up in the Surrey Highlands and has lived and worked in Sydney, Cape Town and New York and now lives in London with her husband and four children. She works at SEO London, a diversity charity that prepares students from ethnic minorities and low socioeconomic backgrounds for career success. Prior to this she spent ten years working in financial services, in Investor Relations at Prudential Plc and before that at PriceWaterhouseCoopers. Marina also works as a volunteer interview coach at Smart Works in West London, helping provide interview support and coaching to women trying to get back into the workforce.



Sophie Rollo

Sophie studied History of Art at Edinburgh University where she met her husband, Jamie, whose family are from Perthshire. On graduating she moved to London where she worked in the art world. She currently lives in London with her husband and four children.



Emily Turcan

Emily grew up in Wiltshire and subsequently lived and worked in London, Valencia and Santiago, Chile. Her early career was spent working in luxury, privately-owned hotel PR before settling on event management which became her passion for 15 years and took her to all corners of the world with Bank of America Merrill Lynch, Investec Asset Management and Ninety One. She continues to organise the Tusk Conservation Awards annually, a cause close to her heart, and is building her own consultancy focusing on a range of initiatives including sustainability, conservation, community and wellbeing. She lives with her Scottish husband and family in Oxfordshire.



Emma Weir, Co-Chair 2024

Emma was born and raised in Scotland before moving to London to start her career. She set-up and ran a successful global executive search business for 25 years that specialised within the global financial markets and had offices in London, Hong Kong, Tokyo, New York and Singapore. Emma purchased Arisaig House in 2010 and her sister ran it as a hotel until 2020 and she sold Arisaig in 2022. She currently lives between the NW Highlands and Gloucestershire and is Chairman of a seaweed business that is developing an organic liquid help fertiliser product. She is also on the Advisory Board of a stately home and involved with several charities.



Harriet Williams

After studying English at Oxford, Harry worked in London as a theatrical agent for ten years before abandoning the West End for Scotland where she was involved in a renewable energy start-up. After various incarnations, the business was bought by an international power company and Harry worked for thirteen years as their Development Director for Scotland. She moved from Edinburgh to the Scottish Borders with her family to refurbish an old property and set up a holiday lettings business. Harry supports various charities, has been a volunteer for the Scottish Dementia Helpline and has recently helped with a fundraising gala for Firefly International, a small Edinburgh based charity supporting children traumatised by war.



Viscountess Younger of Leckie

Jennie is Executive Director of Development at King's College London and King's Health Partners (Guys & St. Thomas' Hospital, the Maudsley Hospital and King's College Hospital). She is also Non-Executive Chairman of the Centre for Process Innovation, Advisory Partner of a private equity firm and a Trustee of Helen and Douglas House, a children's hospice. Prior to this Jennie worked for over 30 years in pharmaceuticals (GlaxoSmithKline and AstraZeneca) and in financial and professional services Deutsche Bank, FTI Consulting, BZW and Kleinwort Benson). She is married to Viscount Younger of Leckie, a Government Minister in the House of Lords, and they have three grown-up children.



The Women of Achievement

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MENU

ChalkStream Trout Ceviche
with pink grapefruit, chili, coriander and cucumber

Beetroot & Feta Salad (v/ve)
with baby watercress, balsamic caviar

Roasted Chicken Breast
pearl barley, carrots, celeriac, braised leek and chicken butter sauce

Pearl Barley Risotto with Butternut Squash (v/ve)
soy toasted pumpkin seeds and Sussex blue cheese

Coffee & Tea
with shortbread & Orkney tablet

DRINKS

La Borie, Viognier, Vin de Pays d'Orc

Chai D'Oeuvre Ocitanie Merlot

Sparkling and Jugs of Iced Tap Water



The Women of Achievement

*Supporting small Scottish charities
to make a big difference*

SPEAKERS

Venetia Fuller
and
Emma Weir

The Women of Achievement Luncheon Co-Chairs

Trinny Woodall

*British beauty entrepreneur, fashion and makeover expert,
television presenter and author*

Emily Stokes

Chief Executive Officer of Mikeysline



Guest Speaker



Trinny Woodward

British beauty entrepreneur,
fashion and makeover expert,
television presenter and author

Trinny wears a huge number of hats, one of which would be impressive! They include beauty/make-up entrepreneur, businesswoman, fashion and makeover expert, television presenter and author.

She is also the perfect guest speaker as very sadly her ex-husband Johnny, whom she remained very close to, took his own life in 2014. She will talk a little about this to us today. On a lighter note she will also share her experiences whilst building Trinny London which was launched in 2017 when she was 53 and is now an extraordinary global success. I think everyone here would like to bottle some of her confidence and energy and The Committee are very grateful to her for finding the time to come and speak to us.

Guest Speaker



Emily Stokes

Chief Executive Officer of Mikeysline

Emily joined Mikeysline in March 2020 and holds overall management and operational responsibility for the running of the charity and its ongoing development and expansion to meet local and national needs.

Emily commenced her career in the NHS in North Central London, holding various senior management positions over a 14-year period, returning to the Highlands in 2005. Prior to joining Mikeysline, Emily was Chief Executive for another mental health charity in the Highlands.

Women of Achievement Lunch 2024

A-Z LIST OF ATTENDEES

A

Victoria Agnew
Els Argyll
Alice Armstorg Scales
Charlotte Asarwaroengchai
Melissa Ashcombe
Stephanie Ashton

B

Gigna Baillie
Margaret Barbour
Claire Barlas
Margaret Barrie
Lulu Benson
Nicole Blackwood
Elizsbeth Bloom
Marjorie Bowden
Elenor Brass
Frances Brown
Dianne Buckley Sunda
Susan Butler
Alexandra Byatt

C

Wendy Cadogan
Jessica Cadzow-Collins
Sophy Campbell
Hilary Clayton-Mitchell
Rebecca Collins
Kate Colquhoun

D

Fiona Dabell
Clare d'Abo
Gilly Dalton
Jenni Davie
Emma Dinwiddy
Francine Douglas-Home
Catherine Donovan
Hayley du Putron
Sam Dunne

E

Zoe Eccleston
Alexandra Etherington
Amelia Ewen

F

Emma Finlay
Fiona Finlay
Shona Flemming
Venetia Fuller
Fiona Fraser

G

Clarissa Geddes
Christine Glover
Jayne Goss
Rosalie Gowlland
Shona Graham
Alicky Gravell
Patricia Gregory

H

Lucinda Harding Rolls
Harriet Hewitson
Anne Hodson-Pressinger
Julia Hunt-Grubbe

J

Melissa Johnson

K

Clare Kemp-Welch
Claire Kinnoull

L

Jennifer Leigh
Susanne Ludgate

Women of Achievement Lunch 2024

A-Z LIST OF ATTENDEES

M

Annemarie Mackay
Sarah Macquaker
Jill Marx
Bindy McCorquodale
Claire McCorquodale
Sally McCorquodale
Sarah McCullugh
Diana McMicking
Diana Miers
Lisabel Miles
Miranda Moody
Mary Monckton
Helen Myrtle

N

Cecilia Neal
Sue Newton
Pippa Neville
Amanda Nicholson
Marina Novis

O

Jane Oliver

P

Simran Panesar-Saggu
Frances Pasteur
Nicky Philipps
Rebecca Purves

R

SJ Radford
Stephanie Reynolds
Alice Riddell-Webster
Tigger Ridgewell
Sarah Rivett-Carnac
Alexandra Robson
Jayne Rodgers
Felicity Rollo
Sophie Rollo
Kirsty Ross
Nicola Ross-Farrow

S

Annabelle Sandeman
Amanda Simmons
Emma Stevens
Sara Stewart
Emily Stokes

T

Joy Tacon
Corinna Thomas
Emily Turcan
Fiona Turnbull

W

Alice Warne
Kathryn Watson
Silvy Weatherall
Emma Weir
Georgina Wells
Inna Wilcox
Harry Williams
Catriona Wilson
Nicky Wilson
Arabella Windham
Trinity Woodall

Y

Jennie Younger
Jenny Younger



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From Art, Audible Memoirs, Catering, Coaching, Florists, Interior and Garden Design, Personal Styling, Photography, Recruitment, Schools, and Shopping our little **purple book** of excellent small companies is well worth a look at.

www.womenofachievementlunch/links

- | | |
|---|----------------------------------|
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| Alicky Gravell Clinic | Katharine Amies |
| Almost Essential | Katie - VA |
| Augustine Jewels | Lally Walford Interiors |
| Baraka Catering | LivvyB |
| Becky Hall Personal Stylist | Luckington Farm |
| Bee's Knees Practical Assistance | Manuka Direct Ltd. |
| Biscuit Clothing & Living | Maya Empowerment |
| Bold New World Recruitment | Mindfulness Walking Academy |
| Brunton House and Cottages | Mowana |
| ChalkStream Foods | Odyssey Mentor Business Coaching |
| Chloë Gardner | Pink Avocet |
| Cocktail | Pink House Mustique |
| Corinna Pyman Ceramics | Pougatch Media |
| Dacre Art | Pure Arts Group |
| Deborah Jackson Brown | Rebecca Hawkins Sculpture |
| Emma Fisher Sports Mentoring & Coaching | Rich Pickings |
| EmmaJane Knight Cashmere | Serena Bolton Photography |
| Emma Marshall Nutrition | Sort Your Help |
| Emma's Botanicals | SoProperty |
| Essmacdee | Sparrow Garden Design |
| Fioriblu | Spire Printing Ltd. |
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| Georgie Krone Social Hunt & Hope | TLRdynamics |
| Hunt & Hope | The Main Street Trading Company |
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If you would like to recommend other small companies, please contact Katharine Landale, k.landale@btinternet.com.



The Women of Achievement

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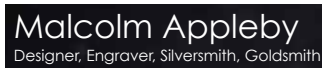
Hampden & Co plc is an award-winning private bank. From their offices in London and Edinburgh, they offer highly personalised banking to high-net-worth clients, their families and associated businesses. Each client has a nominated banker who delivers a service tailored to their individual needs.

To find out more, please contact
Caroline Primrose, Executive Director.

caroline.primrose@hampdenandco.com
020 3841 7482
Caroline Primrose
Website: hampdenandco.com



Thank you to all those companies who have generously sponsored, supported and donated raffle prizes this year.



We would also like to thank the following businesses that have taken advertising in this programme for their generous support.

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All the funds raised at this lunch will help Mikeysline expand their operations and reach more young people in Scotland.

Thank you so much



Lunch 2025

The Women of Achievement Lunch will be supporting



ScotsCare 

The charity for Scots in London

on

Tuesday 4th March 2025

Please put the date in your diary!



ScotsCare is delighted to be chosen as next year's charity and we would like to thank the Women of Achievement Lunch committee and everyone who attends the annual lunch for supporting us with crucial funding that will enable us to continue to provide support to some of the most vulnerable Scots children and their families across London.

With your help, our mission is an end to the cycle of deprivation experienced by children and their families. Every year, we support over 400 adults and 500 children with a holistic range of services that we know significantly reduces poverty and family breakdown. From rapid access long term psychotherapy services for the whole family to advocacy, financial grants, regular social events and bespoke children's grants, we work with our clients on a personalised basis to meet their specific needs. For our clients experiencing homelessness, we provide specialised street outreach workers to support a pathway out of homelessness.

The Women of Achievement support will help us to provide the financial, practical and emotional services that best meet the needs of children and their families, changing lives and enabling some of our children to reach their full potential and not return to us as adults.

On behalf of ScotsCare, we are truly grateful to the Women of Achievement Lunch for their support.



Registered charity No. 207326. Registered in Scotland No. SC052739.

www.womenofachievementlunch.com

Alicky GRAVELL 



I practice a combination of Health Coaching with mind and body healing techniques called Integrated Energy Psychology Medicine

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"Your body speaks your mind"

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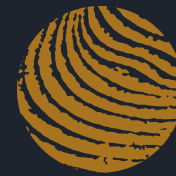


barakacatering.co.uk

07734251075
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The 2023 Lunch



LANDFOR

CHARTERED LAND & FORESTRY AGENCY

www.landfor.co.uk

Landfor Chartered Land & Forestry Agency is one of the leading firms in the sale of traditional sporting estates, commercial forests and land for investment and the development of natural capital projects throughout Scotland. Specialising in the discreet sale of large estates that offer the potential to develop woodland creation and peatland restoration projects as well as enhancing the ecosystem and habitat for wildlife.

With over 25 years experience in rural property management, sales and acquisitions, Patrick Porteous, managing director of Landfor, welcomes the lifeline that Mikeysline now offers and the support it gives to the fragile rural communities across the Scottish Highlands.

Contact: **Patrick Porteous**

+44 (0)7444 559 510 | patrick@landfor.co.uk

www.landfor.co.uk

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clients the same.
Differently.



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To find out what it feels like to be looked after by your bank, please contact Caroline Primrose.

Caroline Primrose

Executive Director, Banking

020 3841 7482

caroline.primrose@hampdenandco.com

Hampden & Co
is delighted to
sponsor the
Women of
Achievement
luncheon

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